



# OFFICE OF THE PRINCIPAL SIPAJHAR COLLEGE

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Memo No. ....

Date .....

## SPORTS POLICY

Sipajhar College pays attention to physical and co-curricular development of students and provides basic facilities for sports. Sipajhar College, has basic sports infrastructure, well-maintained grounds, indoor stadium a well-constructed gallery. The college offers a wide range of sports and games, such as athletics, badminton, kabaddi, table tennis, volleyball, weight lifting/ powerlifting.

Dr Pankaj Gogoi, assistant professor of the department of chemistry and a sports enthusiast, provides hands-on training to the student enthusiasts along with Mr. Pankaj Nath a badminton coach of the college. Our alumni Krishna Rai Baruah, the state level champion in body-building, guides students in the area of body building

### Objective

The objective of the sports policy of the college is to promote sports at the district, state and national levels and to contribute in the holistic development of the students, nurture and encourage their latent talents and potential.

### Policy

1. **Eligibility Rules for Selection of Sportspersons:** When applying for sports seats, students must either have played at the state or district level.

### Awards by the College

The college selects and awards the Best Player of the college during college week in both female and male category.

### Support from the college:

The Indoor Sports Training Center of the college is equipped with the following facilities for students and faculty members.

- one synthetic badminton court and one general badminton court



  
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- table tennis board
- a functional gymnasium
- equipments like dumbbell, weight plate, parallel bar, upper chest, lower chest, thigh machine, push up stand, cardio cycle, straight bar, curly bar, butterfly machine, squat and ceiling bar stand, lattice bar, bench press stand.
- Locker facility for sports equipments
- Gallery for audience

The college has a well developed and walled sports ground equipped with a gallery for all outdoor games like football, athletics etc. The college also has plans to construct a well designed volleyball court on its premises for the benefit of the students.



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